



Amino Athlete

**Advanced Pharmaceutical Grade
Free Form Amino Acid Formula Plus**



- ♥ **Increases Athletic Performance**
- ♥ **Promotes Muscle Development**
- ♥ **Enhances Stamina And Endurance**

Helps with:

- ♥ **Attaining and Maintaining Strength**
- ♥ **Improved Protein Synthesis**
- ♥ **Maximizing Workouts**
- ♥ **Building Lean Muscle Mass**
- ♥ **All Serious Athletic Pursuits**
- ♥ **Improves Vitality**

F.T.H. NUTRACEUTICALS is responsible for bringing the highest level of purity and quality to the nutritional industry. Our products surpass USP Pharmaceutical Grade and all ingredients are tested using the most precise and advanced HPLC testing in GMP labs.

Why would anyone want to use veterinary or food grade supplements, (Most are) when they can be taking F. T. H. Essential Amino Acids?



Amino acids are the building blocks of protein, and are vital for life. They are individual crystalline molecules that make up protein, similar to the way letters make up the alphabet. There are 20 basic amino acids that produce over 1600 substances in the body. They make up 3/4ths of the body's solid material, and are found in muscle tissue, organs, blood and skin. Amino acids also make hormones, enzymes, and vitamins, and are essential for a healthy immune system and proper neurological functions. It is necessary to replace amino acids constantly to nourish the body, and repair and regenerate tissue. During illness, trauma, surgery and stress – more amino acids are required than can be obtained by food alone,

F.T.H. Amino Athlete is an essential free form complete amino acid formula, **plus** antioxidants that is extremely helpful for **increasing athletic performance**, promoting muscle development, enhancing stamina-vigor-vitality, attaining and maintaining a positive athletic image, and also **beneficial** for helping degenerative muscle disorders by increasing protein synthesis.

Amino Athlete is a powerful blend of 18 of the highest quality L-Crystalline singular **free form amino acids** that surpass USP **Pharmaceutical grade**, plus Creatine Phosphate, L-Glutamine-a-Ketoglutarate and L-Arginine-a-Ketoglutarate. The Branched chain amino acids: L-Leucine, L-Isoleucine and L-Valine are included in the **proper balance**. These amino acids increase anabolic hormones, while decreasing the amount of protein catabolism. This may also increase energy and aid in muscle repair and recovery, which is **extremely important** during regular physical training.

F.T.H. Nutraceuticals nutritional supplements are the choice of Doctors, Professional Athletes from All Sports, Champion Body Builders, Holistic Healthcare Practitioners and anyone interested in optimum health and peak performance in their daily lives.

The perfect coenzymatic nutritional balance is created by taking F.T.H. amino acids along with F.T.H. Multi Vita Plus and B Complex Plus.